



# Expanding Our Impact



COMMUNITY ALLIANCE • 2024 ANNUAL REPORT



# Expanding Our Impact



Community Alliance  
Center for Mental Health



## Dear Friends and Colleagues,

As I look back on this past year at Community Alliance, I am both grateful for the strides made in expanding our impact across the community and full of hope for the future. With the mid-year move to our beautiful new facility at 72nd and Mercy Road, we are in a unique and wonderful position to help more people in our community with their mental health and substance use challenges. We would not be in this position without the incredible commitment and leadership of our Board of Directors and the faith and generosity of our many donors and supporters. We are and will be forever grateful for the opportunities given to Community Alliance this past year to expand services in response to the growing community need.

The individual stories of recovery reflected in this annual report are cause for celebration and affirm our ongoing commitment to our mission of helping individuals achieve their unique potential and to live, work, learn and contribute to their community. Our dedicated team of staff members have developed strong, helping relationships with those we serve and have supported individuals in making lasting changes in their lives. We see, every day, the courage and resilience that is shown by individuals and families as they face adversity with determination and a positive outlook.

Heading into a new program year, we are looking forward and are listening to the community about the mental health and substance use challenges we still face. We are making plans for further expansion in key service areas including outpatient services, care coordination, ACT, and crisis services. We are grateful for the partnerships we have and for those we are continuing to develop. These partnerships enhance collaboration, improve service delivery, and strengthen our community as we work together toward common objectives.

We have been here for you and your family for more than 43 years and we will continue to be here, whether it be for help facing a short-term challenge or providing the longer-term support needed to achieve and sustain recovery from substance use or mental illness. We have much to be grateful for and we look forward to expanding our impact even further as we look to the future.

Thank you for your support.



Aileen M. Brady

CHIEF EXECUTIVE OFFICER



# Increasing Visibility and Access to Care

**We expand our impact by communicating our presence and availability, and making sure that people know about the help we offer and are able to access the care they need when they need it.** In June, 2024, Nebraska Governor Jim Pillen joined us for the ribbon-cutting and opening of our new Center for Mental Health. More than a large and beautiful building, this new facility, located on a major street, near the interstate and serviced by multiple bus lines, has significantly increased our visibility and makes access to services easier for individuals throughout the community. The building is designed to accommodate the substantial growth experienced by Community Alliance over the past several years and that which is projected going forward. It also incorporates our learnings over the years, including best practices in providing integrated, whole person care.

## IMPACT / ACCOMPLISHMENTS

The new Center for Mental Health **enhances access to care** by:

- Bringing our treatment, rehabilitation and recovery support services under one roof
- Providing walk-in appointments
- Adding telehealth capacity
- Extended evening hours

**Service growth, visibility, and coordination** was also expanded through building design and added physical space including:

- Additional individual and group therapy rooms for both mental health and substance use treatment
- Dedicated health and wellness space
- Expanded number of exam and consultation rooms
- Staff “huddle” areas for team-based care
- Designated area for family education and support services
- Future area for dental care services
- Enlarged day rehabilitation classrooms and activity areas
- Reflection room to enhance spiritual wellness
- Large staff training and community meeting space

“The health and wellness center has been marvelous. I never thought exercising could help with depression. I’ve been loving the Zumba classes, riding the bike and going on the daily walks.”

- TAMMY





“Community Alliance is innovative. The value of having everything integrated and in one place, you can’t put a price on that. The integrated all-in-one care services here with everyone working together, produces a better outcome. I’m proof of that.”

- LAURIE



“Our over-arching goal with the new facility was straightforward: to provide a space for everyone who enters here - client, family, staff and community member - a sense of safety and welcome, an environment in which you, your strengths and your needs are respected, and a place where hope and healing is achievable.”

- AILEEN BRADY, CEO



Photos by: Kurt Johnson Photography (top); Debra Kaplan (middle) and Community Alliance.



# Serving the Whole Person

Our commitment to serving the whole person is embedded in our mission of helping people to live, work, learn and contribute within their circle of family and friends and as part of their community. We focus on wellness and purpose and we recognize that each person's path to recovery and well-being is influenced by their age, gender, beliefs, culture, relationships, and life experience. This is why we continuously strive for a more connected system of care that delivers integrated mental health, substance use and primary health care along with employment and community supports, the encouragement of peers, and help in accessing housing, financial and other resources. The positive impact of such an approach is measurable.

"I feel important. I feel needed. It's a wonderful feeling to land somewhere where I feel I matter."

- TRACY

## IMPACT / ACCOMPLISHMENTS

- Participants in Community Alliance's integrated primary care and outpatient psychiatric and counseling program showed **statistically significant improvements** in blood pressure, average breath carbon monoxide, and LDL cholesterol from baseline to reassessment.
- Within this same program, **reductions in anxiety and depression** were noted among participants, as were **increased ability in managing work, school, and daily life** and improvements in social connectedness with family, friends, and community.
- 97% of persons served by the organization's peer crisis diversion program reported **improvement in dealing with their crisis situation** and that the services received helped them avoid an emergency room or hospital visit.
- Among those served through reentry services, **91% did not recidivate** while enrolled in the program.
- 95% of all persons served over the course of the year were **supported in the community without psychiatric hospitalization**.
- **Outreach and support to veterans and their families** was extended by Community Alliance through its offering of a free, seven-week educational program for families, caregivers and friends of military service members and veterans based on the NAMI Homefront curriculum.
- **Inquiries and requests for services** received by Community Alliance increased by nearly 25% on an annualized basis when compared to the prior year.
- 95% of persons served reported **satisfaction with Community Alliance services**.





"The medications I'm taking have changed my health for the better. The therapy technique of Eye Movement Desensitization and Reprocessing (EMDR) has been the most helpful. Community Alliance staff are friendly, supportive and genuinely care about me."

- ROBERT



Photos by: Debra Kaplan (top left); A Better Exposure Photography (bottom left); and Community Alliance.

"Community Alliance has guided me to who I want to be, which is to be happy and to keep going in life. I attend the Living Well program focused on diabetes education to better understand my diagnosis and how to treat it as well. I keep coming back to Community Alliance because of the continued support I have encountered."

- JASON

# Developing Our Workforce

**The accomplishments achieved and impact experienced by those we serve would not be possible without the daily contributions of our workforce.**

Over the course of the year, Community Alliance employed 345 individuals. We are physicians, counselors, nurses, peers, case managers, care coordinators, skills trainers, job coaches, property managers, office and billing specialists, technology, human resource and accounting professionals, and more. Throughout the year, we worked to support and invest in our people so that they could support and invest in our clients and in our community.

**"Seeing a patient recently discharged from Lincoln Regional Center and transitioned to ACT was a unique experience. Thanks to the entire ACT team for all the great work they are doing for the Omaha area!"**

**- PSYCHIATRY RESIDENT**

## IMPACT / ACCOMPLISHMENTS

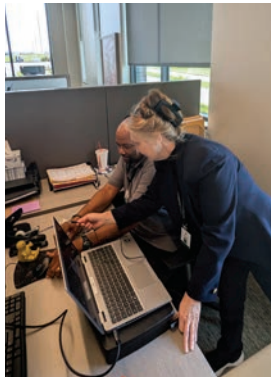
- Employees participated in **over 10,000 hours of staff training and practice opportunities** in areas relevant to their positions, including trauma-informed care, principles of recovery, evidence-based practices, team-based service delivery, person- and family-centered care, and maintaining personal and consumer safety.
- **Licensure supervision and support** was provided to 16 employees holding provisional licenses to help them acquire full mental health, alcohol and substance use, or dual state licensure.
- 100% of the agency's **supported employment staff achieved certification** in the best practice Individual Placement and Support (IPS) model.
- Community Alliance conducted 3 week-long peer support classes, **graduating 69 participants** and preparing them for certification as Peer Support Specialists.
- We hosted **434 students, interns and residents** from 14 different colleges and universities, introducing them to career opportunities within the behavioral health field and allowing them to obtain practical experience applying knowledge learned in the classroom.
- Through planning and **ongoing investment in technology** throughout the year, we continued to enhance our client electronic health record, worked on increasing staff effectiveness and efficiency through mobile applications and faster connections, and boosted our cybersecurity measures.
- Activities **supporting employee wellbeing**, inclusive of all eight dimensions of wellness - Physical, Emotional, Intellectual, Occupational, Financial, Social, Spiritual, and Environmental - were offered throughout the year.
- Staff and consumer involvement alike was encouraged through **sponsorship in community activities** including NAMI Walks, AFSP Out of the Darkness Community Walk, Omaha Pride Parade, and more.





"The most unique educational experience I had at Community Alliance was conducting group psychoeducation classes. They integrated teaching principles with mental health knowledge in a way that I found very valuable."

- MSW STUDENT



Photos by: Community Alliance

"I get to change the world one workday at a time. I feel like I belong at Community Alliance."

- ANDREA, PLADC, CA STAFF MEMBER



## New CEO

Aileen Brady was announced as Community Alliance's new President and Chief Executive Officer effective November 1, 2024, replacing long-time leader Carole Boye who retired at the end of the year.

Aileen has over 40 years of leadership and direct service experience in the behavioral health field. Prior to her new role, she served as Community Alliance's Chief Operating Officer where she fostered and advanced our integrated, whole health approach, led the adoption and implementation of evidence-based practices, and oversaw planning and delivery of program services, evaluation and staff training. She has also been active in a wide range of professional and volunteer activities throughout her career, including serving as a national surveyor for the Commission on Accreditation of Rehabilitation Facilities and as a volunteer and Board member for the Nebraska Chapter of the American Foundation on Suicide Prevention.

Community Alliance looks forward to continuing to expand its impact in the years ahead under Aileen's leadership.

Photo by: A Better Exposure Photography





# Broadening our Outreach and Partnerships

We expand our impact by prioritizing engagement with all aspects of our community including the individuals we serve, their families, those who are in need but we have not yet reached, and colleagues, organizations and citizens with whom we can partner.

By reaching out and listening, we found the need to further expand services to better support individuals across the lifespan from children to adults, and to serve people seeking help for short-term mental health challenges as well as those facing ongoing mental illness and substance use concerns. Our community outreach focused on collaboration, education, and advocacy across both public and private sectors, seeking out new partnerships while working to strengthen existing ones.

“Be a beacon for what you stand for because sometimes, the most important people to you are at the fringes of the spotlight.”

- ALI ASTIN  
2024 BREAKING THE SILENCE SPEAKER

## IMPACT / ACCOMPLISHMENTS

- Partnering with state and local government, we extended our outreach to provide **reentry support** for people with mental health needs who are justice-involved, and **peer navigation services** for those struggling with opioid use.
- We initiated a new **Healthy Transitions program** focused on identifying and helping youth and young adults navigate the transition into adulthood, and **expanded employment opportunities and supports** for those whose illness may have interrupted their vocational success.
- We continued to work with colleague organizations to address the growing numbers of **individuals and families experiencing homelessness** across our community.
- Community Alliance provided **education and support to 281 family members** and significant others during the year, with 82% reporting improvement in their ability to support their loved one as a result of their participation.
- More than 600 people participated in this year's **Breaking the Silence** mental health awareness event featuring 3rd generation mental health advocate Ali Astin, daughter of actor Sean Astin and granddaughter of Oscar-winning actress Patty Duke.
- **Bike with Mike**, organized by the Kutilek family in collaboration with Community Alliance in honor of Mike Kutilek, drew more than 425 people on a beautiful spring Saturday made memorable by biking, tacos, and shared information about mental health and the benefits of integrated care.
- Our continued outreach, education and advocacy led us to apply for and be **one of 7 agencies selected statewide** to participate in the initial cohort implementing the national Certified Community Behavioral Health Clinic (CCBHC) model in the State of Nebraska. Progress continues in this significant endeavor with state certification anticipated in 2025 and official launch in January, 2026.





"The class provided emotional support, and it was reassuring to know that I wasn't alone. It gave me hope that things could turn around, even if it took time. I went back week after week because it reassured me that I was doing everything I could for my loved one."

- JANE, FAMILY-TO-FAMILY CLASS PARTICIPANT



Photos by: Debra Kaplan (top left) and Community Alliance.



# PEOPLE WE SERVE

## TOTAL PERSONS SERVED

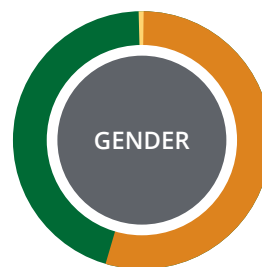
2024

5,926

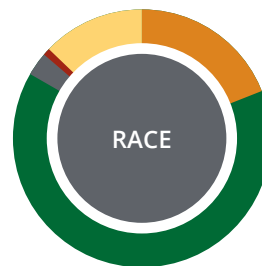
## BY SERVICE AREA

SERVICE AREA	2024
Psychiatric Services	1,324
Mental Health, Substance Use Counseling Services	236
Primary Health Care	857
Navigate to Success (First Episode Psychosis) Services	25
Healthy Transitions (Children & Young Adults)	40
Assertive Community Treatment	70
Residential Rehabilitation Services	113
Day Rehabilitation Services	602
Employment Services	222
Community Support Services	436
Reentry Services	52
Family Education & Support Services	281
Peer Support Services	295
Safe Harbor Peer Crisis Diversion Services	
Callers	830
Guests	262
Homeless Outreach/Transition Services	732
Social Security Outreach, Access and Recovery (SOAR)	335
One-Time Assistance	826
Supportive Housing	278

## BY DEMOGRAPHICS



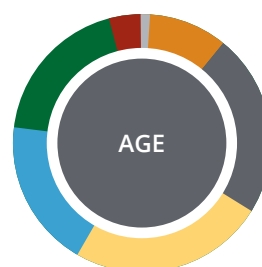
Male	53%
Female	46%
Transgender	1%



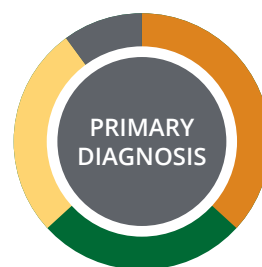
Black/African-American	19%
Caucasian	64%
Native American / American Indian	3%
Asian	1%
Multi-Racial, Other	13%



Latino	8%
Not Latino	92%



14-18	1%
19-24	9%
25-34	23%
35-44	25%
45-54	19%
55-64	19%
65+	4%



Schizophrenia, Other Thought Disorders	37%
Major Affective Disorders	26%
Bipolar Disorder	27%
Other	10%



\$0	42%
\$1-\$5,000	2%
\$5,001-\$10,000	17%
\$10,001-\$15,000	24%
\$15,001-\$20,000	7%
\$20,001 +	8%



## FINANCIAL SUMMARY

OPERATING REVENUE & SUPPORT	2024
Earned Contracts & Fee-for-Service	\$ 15,512,882
Rent & Other Housing Related	1,229,524
Restricted Grants & Contributions	492,843
Fundraising & Other Donations	1,436,115
One-Time Estate Gift	3,602,587
Interest & Other Income	3,426,968
Total Operating Revenue	\$ 25,700,919

OPERATING EXPENSES	
Residential Rehabilitation Services	\$ 2,506,670
Assertive Community Treatment	1,045,233
Day Rehabilitation Services	955,700
Community Support Services	1,699,350
Outpatient/Integrated Care Services	4,376,960
Homeless Services	1,546,834
Employment Services	590,460
Family & Peer Support Services	796,626
Housing Services	1,855,519
Other	1,410,403
Management & Fundraising	4,170,607
Total Operating Expense	\$ 20,954,362

The services of Community Alliance are funded, in part, by the Nebraska Department of Health and Human Services; Region 6 Behavioral Healthcare; Nebraska Department of Education, Division of Vocational Rehabilitation; Nebraska Department of Corrections; U.S. Department of Health and Human Services; U.S. Department of Housing and Urban Development; Douglas County Health Department; City of Omaha; and United Way of the Midlands. For all or part of the 2024 fiscal year, federal financial support was received both directly and through contractual arrangements with the State of Nebraska, Region 6 Behavioral Healthcare, Douglas County, Nebraska and/or the City of Omaha including U.S. Department of Health and Human Services Administration Block Grants for Community Mental Health Services, Federal Award Identifiers #B095M089638 and #B095M086022 distributed through Nebraska HHS, Division of Behavioral Health and Region 6 Behavioral Healthcare.

Federal funding from the Substance Abuse and Mental Health Services Administration (SAMHSA), a division of the U.S. Department of Health and Human Services was directly received under the following grant awards:

CFDA 93.665, SAMHSA COVID-19 Emergency Response for Suicide Prevention Grants, Award No. H79FG000379

CFDA 93.829, SAMHSA Certified Community Behavioral Health Clinics Expansion Grants, Award No. H79SM085230

CFDA 93.243, SAMHSA Grants for the Benefit of Homeless Individuals, Award No. H79TI082691

CFDA 93.243, SAMHSA Healthy Transitions Grants, Award No. H79SM088575

CFDA 93.243, SAMHSA Supported Employment Program Grants, Award No. H79SM088401

CFDA 93.958, SAMHSA Community Mental Health Centers Grant Program, Award No. H79SM085420.

Of all program costs incurred by Community Alliance, \$6,336,486 or 37% represents total federal funding received through these grants or distributed through Nebraska HHS and/or Region 6 Behavioral Healthcare.





## 2024 DONATIONS

Your contributions enhance and support Community Alliance in helping individuals experiencing mental health and substance use challenges to live, work, learn and contribute in a community of mutual support. We are grateful for the impact that your generosity continues to make for those we serve and their families. Thank you.

John Addy	Jan Boehler	Classic Dentistry, PC	Dingman's Collision Center
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	Todd Christensen		Tom and Tamara Foley
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Doug and Michelle Haney		Steve and Anne Kutilek	
Deanna Hansen		Tom and Annette Kutilek	



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Ann Newton	Tom and Lori Pritchard	Family Foundation	Robert and Elizabeth Torson
Mary Nichols	KC Pullen	The Scoular Foundation	Ashley Trouba
Tom and Janet Nichting	Patricia Pupkes	Security National Bank	Tom and Anne Trouba

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Kathy Traudt  
Trusted Wealth Partners  
Gregory Tvrdik  
Union Bank & Trust  
Company  
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Community Plan  
of Nebraska  
University of Nebraska  
Foundation  
University of Nebraska  
Medical Center

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## IN MEMORIAM

**Darlene Mueller** (1954-2024) was a lifelong advocate for individuals and families affected by mental illness. As a long-time Community Alliance board member, her compassion, humor and insight were instrumental in our ongoing outreach and growth. We remember her with joy and gratitude for her contributions and impact on so many throughout our community.



This annual report is a publication of Community Alliance. The Board of Directors and all employees are committed to carrying out their responsibilities in a professional and ethical manner reflecting Community Alliance's mission, values and purpose. Community Alliance operates within a multi-corporate structure designed to enhance the effectiveness and efficiency of its many operations and to meet various statutory and regulatory requirements. Our primary service area includes the greater Omaha area and the five Nebraska counties comprising Region 6 Behavioral Healthcare. All corporations comprising the Community Alliance system are recognized as nonprofit, charitable corporations under Section 501(c)(3) of the Internal Revenue Code. Contributions are tax deductible as permitted by law.





**Community Alliance**  
Center for Mental Health

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