

November 2022

Leavenworth DRP Schedule
DRP Doors open at 8 a.m.

Events

National Diabetes Month
National Native American Heritage Month

November 6th- Daylight Savings- Fall Back

November 8th- Election Day- VOTE!!!!

November 11th- Zoo Outing

November 23rd- CA Thanksgiving Meal

November 24th- Thanksgiving
DRP CLOSED

Group Times:

8:00-Doors open/ 11:15-12-Group 3

Daily planning

8:30-9-Breakfast 12-12:45- Lunch

9-9:15- Team Time 12:45-1:30-Group 4

9:15-9:30-Break 1:30-1:45-Break

9:30-10-Home Room 1:45-2:30- Group 5

10:00-10:15-Break

10:15-11-Group 2

11:00-11:15-Break



Home Rooms:

Team 1- Oak

Team 2- Maple

Team 3- Pine

Monday Groups	9:00	Group Team Time – Main Area
	9:30	Home Room
	10:15	Assertiveness/ Crochet & Crafts/ Co-dependency/ Walking Club
	11:15	Diabetes Education/ LGBTQ Support/ Welcome to CA (New Clients)/ Dream Out Loud
	12:45	DV & Healthy Relationships/Diagnosis Ed. / Depression Support
	1:45	Fun in Recovery/ Healthy Snacking & Cooking

Tuesday Groups	9:00	Group Team Time- Main Area
	9:30	Home Room
	10:15	Trauma Support/ Substance Use Disorders/ Walking Club/ Zine Design
	11:15	PTSD Education/ Health and Wellness/ Interview Skills
	12:45	Punch my Passport/ Boundaries/ DBT Skills
	1:45	Cultural Dance & Music/ Relapse Prevention / Financial Literacy

November 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			



	9:00	Group Team Time – Main Area
Wednesday Groups	9:30	Home Room
	10:15	Anxiety Support/Grief/Chronic Disease Mgmt./ Volunteer Readiness
	11:15	Self-Esteem/ Independent Living Skills/ Volunteer Readiness/Goal Setting
	12:45	Concentration & Memory/ Sign Language Skills/ WMR/ Families in Recovery
	1:45	Music Therapy/ Anger Mgmt.

	9:00	Group Team Time – Main Area
Thursday Groups	9:30	Home Room
	10:15	Healthy Daily Habits/Conflict Resolution/ Journaling & Poetry
	11:15	Shame and Addiction/Dream Interpretation /Technology 101
	12:45	Hearing Voices/ Life Skills/ Families in Recovery
	1:45	Healing Your Inner Child/ Exploring Emotions/ Financial Literacy

	9:00	Group Team Time – Main Area
Friday Groups	9:30	Home Room
	10:15	Coping Skills/ Volunteering/ Living Well (closed group)/Gratitude
	11:15	Healthy Habits/ Walking Club/ Living Well (closed group) / Open Forum
	12:45	Intro to Philosophy/Aroma Therapy & Guided Meditation/ Substance Abuse Education
	1:45	Exercise & Dance/ Sports Chat

