

# August 2022

Leavenworth DRP Schedule  
DRP Doors open at 8 a.m.



## Home Rooms:

- Team 1- Oak
- Team 2- Maple
- Team 3- Pine

### Events

**August 7<sup>th</sup>** - National Friendship Day

**August 9<sup>th</sup>** - International Day of the World's Indigenous People

**August 12<sup>th</sup>** - Zoo Day!!

**August 15<sup>th</sup>**- National relaxation Day

**August 26<sup>th</sup>**- National Women's Equality Day

### Group Times:

**8:00**-Doors open/ **11:15-12**-Group 3  
Daily planning  
**8:30-9**-Breakfast **12-12:45**- Lunch  
**9-9:15**- Team Time **12:45-1:30**-Group 4  
**9:15-9:30**-Break **1:30-1:45**-Break  
**9:30-10**-Home Room **1:45-2:30**- Group 5  
**10:00-10:15**-Break  
**10:15-11**-Group 2  
**11:00-11:15**-Break

<b>Monday Groups</b>	<b>9:00</b>	<b>Group Team Time – Main Area</b>
	<b>9:30</b>	<b>Home Room</b>
	<b>10:15</b>	<b>Assertiveness/ Crochet &amp; Crafts/ Mindfulness &amp; Meditation/ Walking Club</b>
	<b>11:15</b>	<b>Diabetes Education/ LGBTQ Support/ Welcome to CA (New Clients)</b>
	<b>12:45</b>	<b>DV &amp; Healthy Relationships/Diagnosis Ed. / Depression Support, Open Art</b>
	<b>1:45</b>	<b>Coping skills/ Special Event Coordination/ Healthy Snacking &amp; Cooking</b>

<b>Tuesday Groups</b>	<b>9:00</b>	<b>Group Team Time- Main Area</b>
	<b>9:30</b>	<b>Home Room</b>
	<b>10:15</b>	<b>Trauma Support/ Job Seeking Skills/ Drama and Improv./Substance Use Disorder/ Walking Club</b>
	<b>11:15</b>	<b>PTSD Education/ Smoking Cessation/ Sharing of the Heart</b>
	<b>12:45</b>	<b>Cultural Exploration/ Boundaries/ DBT Skills/ Interview Skills</b>
	<b>1:45</b>	<b>Dance Instruction/ Relapse Prevention</b>

## August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			

	<b>9:00</b>	<b>Group Team Time – Main Area</b>
<b>Wednesday Groups</b>	<b>9:30</b>	<b>Home Room</b>
	<b>10:15</b>	<b>Anxiety Support/Grief/Chronic Disease Mgmt./ Resume Workshop</b>
	<b>11:15</b>	<b>Self-Esteem/CBT Skills/Computers 101/ Current Events &amp; Media</b>
	<b>12:45</b>	<b>Stigma &amp; Stereotypes/ Job Readiness/ Role of Families in Recovery/ WMR</b>
	<b>1:45</b>	<b>Music Therapy/ Humor &amp; Healing /Art Group</b>

	<b>9:00</b>	<b>Group Team Time – Main Area</b>
<b>Thursday Groups</b>	<b>9:30</b>	<b>Home Room- Favorites</b>
	<b>10:15</b>	<b>Healthy Daily Habits/Conflict Resolution/ Independent Living Skills</b>
	<b>11:15</b>	<b>Journaling &amp; Poetry/ Shame and Addiction/Positive Affirmations &amp; Mindfulness</b>
	<b>12:45</b>	<b>Hearing Voices/ Healthy Sexuality/ Role of Families in Recovery</b>
	<b>1:45</b>	<b>Dream out Loud/ Surviving Loneliness</b>

	<b>9:00</b>	<b>Group Team Time – Main Area</b>
<b>Friday Groups</b>	<b>9:30</b>	<b>Home Room</b>
	<b>10:15</b>	<b>Art Group/Human Interactions/ Coping Skills/ Volunteering</b>
	<b>11:15</b>	<b>Open Forum/Substance Abuse Support/ Healthy Habits</b>
	<b>12:45</b>	<b>Anger Mgmt./ Human Development./ Movie or Karaoke</b>
	<b>1:45</b>	<b>Exercise &amp; Dance/ Sports Chat/Movie or Karaoke</b>

