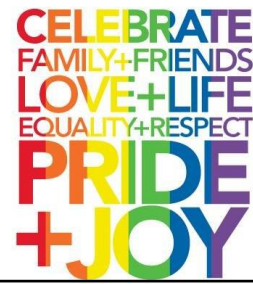


July 2022

Leavenworth DRP Schedule
DRP Doors open at 8 a.m.



Home Rooms:

- Team 1- Oak
- Team 2- Maple
- Team 3- Pine

Events

July 4th - Independence Day- DRP

CLOSED

July 16th- Omaha Heartland Pride Festival

July 22nd- Zoo outing- see staff with questions

July 30th - International Day of Friendship

Group Times:

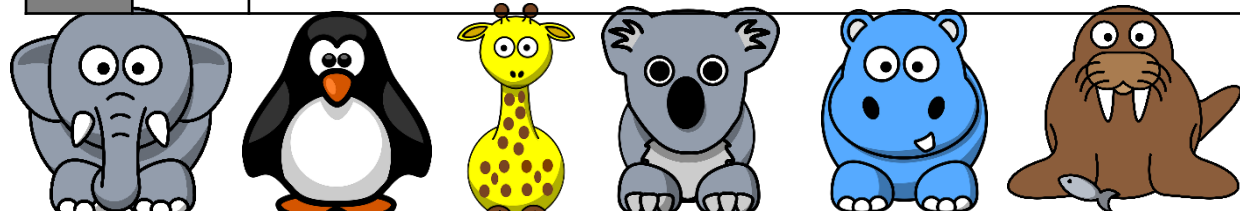
8:00-Doors open/ 11:15-12-Group 3
Daily planning
8:30-9-Breakfast 12-12:45- Lunch
9-9:15- Team Time 12:45-1:30-Group 4
9:15-9:30-Break 1:30-1:45-Break
9:30-10-Home Room 1:45-2:30- Group 5
10:00-10:15-Break
10:15-11-Group 2
11:00-11:15-Break

	9:00	Group Team Time – Main Area
Monday Groups	9:30	Home Room
	10:15	Assertiveness/ Crochet & Crafts/ Mindfulness & Meditation
	11:15	Diabetes Education/ LGBTQ Support/ Welcome to CA
	12:45	DV & Healthy Relationships/Diagnosis Ed. / Depression Support, Open Art
	1:45	Coping skills/ Special Event Coordination/ Healthy Snacking & Cooking

	9:00	Group Team Time- Main Area
Tuesday Groups	9:30	Home Room
	10:15	Trauma Support/ Job Seeking Skills/ Drama and Improv, Substance Use Disorders
	11:15	PTSD Education/ Smoking Cessation/ Sharing of the Heart
	12:45	Cultural Exploration/ Boundaries/ DBT Skills/ Interview Skills
	1:45	Dance Instruction/ Relapse Prevention

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



	9:00	Group Team Time – Main Area
Wednesday Groups	9:30	Home Room
	10:15	Anxiety Support/Grief/Chronic Disease Mgmt./ Journaling & Poetry
	11:15	Self-Esteem/CBT Skills/Computers 101/ Current Events & Media
	12:45	Stigma & Stereotypes/ Job Readiness/ Seeking Safety
	1:45	Music Therapy/ Humor & Healing /Seeking Safety

	9:00	Group Team Time – Main Area
Thursday Groups	9:30	Home Room- Favorites
	10:15	Healthy Daily Habits/Conflict Resolution/ Independent Living Skills
	11:15	Resume Workshop/ Shame and Addiction/Positive Affirmations & Mindfulness
	12:45	Hearing Voices/ Healthy Sexuality/ Origami
	1:45	Dream out Loud/ Volunteering 101/ Surviving Lonliness

	9:00	Group Team Time – Main Area
Friday Groups	9:30	Home Room
	10:15	Art Group/Human Interactions/ Coping Skills/ Volunteer Actions
	11:15	Open Forum/Substance Abuse Support/ Healthy Habits
	12:45	Anger Mgmt./ Movie or Karaoke/ Human Development
	1:45	Exercise & Dance/ Sports Chat/Movie or Karaoke

