

July 2022

Jones DRP Schedule

DRP Doors open at 8:30 a.m.

Events

July 1th : After Hours Recreation Workshop 3pm-4:30pm at DRP

July 4th – Forth of July **DRP CLOSED**

July 13th – National French Fry Day

July 15th: After Hours Recreation Workshop 3pm-4:30pm at DRP

July 21st – Job fair 3-4pm

July 29nd : After Hours Intro to Journaling 1:30pm-4:30pm at DRP – **Going to the zoo!**



	9:00	Group Team Time – Main Area
Monday Groups	9:30	Morning meeting
	10:15	Interactive MH Activity/ Mind and Emotions/ Learning Theory
	11:15	Assertiveness Skills/ Spirituality/ Bible Study
	12:45	Social Anxiety/ Seeking Safety (CLOSED)
	1:45	Psychosis Education/ Social Skills

Group Times:

8:30-Doors open/ 11:15-12-Group 3

Daily planning

8:30-9-Breakfast 12-12:45- Lunch

9-9:15- Team Time 12:45-1:30-Group 4

9:15-9:30-Break 1:30-1:45-Break

9:30-10-Morning Meeting 1:45-2:30- Group 5

10:00-10:15-Break

10:15-11-Group 2

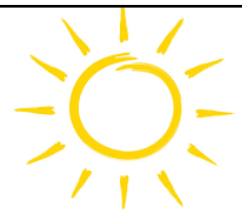
11:00-11:15-Break

	9:00	Group Team Time- Main Area
Tuesday Groups	9:30	Morning Meeting
	10:15	Positive thinking/ DBT Skills / Big Book
	11:15	Symptom Education/ Current Events/ PTSD Support (CLOSED)
	12:45	Boundaries/ Creative Writing
	1:45	Re-parenting the inner Child / Gratitude Journaling

June 2022
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JULY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	9:00	Group Team Time – Main Area
Wednesday Groups	9:30	Morning Meeting
	10:15	Guiding Emotions /Seeking Safety (CLOSED) /DRA
	11:15	Chronic Pain Management/ Interpersonal Skills/ Wellness
	12:45	Acceptance Commitment Therapy/ Spanish
	1:45	Work & Volunteer Readiness/ Self-Defeating Behaviors

	9:00	Group Team Time – Main Area
Thursday Groups	9:30	Morning Meeting
	10:15	Memory/ PTSD/ Big Book
	11:15	Psych 101/ Anger Management / Music Theory
	12:45	Pain Management/ Human Relations/ Cognitive Progressing
	1:45	Acceptance Commitment Therapy/ Relating with Others

	9:00	Group Team Time – Main Area
Friday Groups	9:30	Morning Meeting
	10:15	Self-Esteem/ What is Worry/ Game hour
	11:15	Jeopardy or Bingo/ Social Anxiety/ Nutrition
	12:45	Mind Over Mood/ Poetry
	1:45	Neuroscience/ Creative Expressions

