

# November 2017

Leavenworth DRP Schedule

DRP Doors open at 8 a.m.

Group Times:

8:00-Doors Open	11:15-Group 3
8:30-9-Breakfast	12-12:10-Lunch Mtg
9-9:20-Team Mtgs	12:10-12:45-Lunch
9:20-9:30-Break	12:45-Group 4
9:30-Group 1	1:30-Break
10:00-Break	1:45-Group 5
10:15-Group 2	2:30-Linger Longer
11:00-Break	3:00-Program Ends

Monthly Events:

Wednesday, November 1<sup>st</sup> - All Saint's Day  
 Sunday, November 5<sup>th</sup> - Daylight Saving Time Ends-Fall Back 1 hr.  
 Saturday, Nov 11<sup>th</sup> - Veterans Day  
 Wednesday, Nov 22<sup>nd</sup> Thanksgiving  
 Dinner @ Day Programs  
 Thursday, Nov. 23<sup>rd</sup> - Thanksgiving Day Programs/Offices - closed



November 11

*Today we honor those who  
have fought for our freedom*

Veterans Day 24myfashiony.com



<b>Monday Groups</b>	<b>9:30</b>	<b>Orientation / Anger Management/Medication Education/Crafts/Dual Recovery/Morning Warm Up</b>
	<b>10:15</b>	<b>Orientation / Men's Health/Food &amp; Mood/Crafts/Stress Management</b>
	<b>11:15</b>	<b>Orientation / Communication Skills/Anxiety Disorders (Closed)/Relationship Skills/Shame &amp; Addiction</b>
	<b>12:45</b>	<b>Tools for Recovery/Money Management/Mental Health Coping Skills/AA Support Group</b>
	<b>1:45</b>	<b>Building Trust/Mental Health Topics</b>

<b>Tuesday Groups</b>	<b>9:30</b>	<b>Orientation / Life Stories/Let's Crochet/Stretch/Are You Addicted ?/Trivia</b>
	<b>10:15</b>	<b>Orientation / Social Skills Map of My Life (Closed)/Upkeep Team/Self Esteem/Reflection in Journaling</b>
	<b>11:15</b>	<b>Orientation / Fun in Recovery/Schizophrenia, Schizoffective/Men's Group/Living in the Moment</b>
	<b>12:45</b>	<b>Independent Living Outing/PTSD Education/Mindfulness Through Depression/Recovery 101/CBT for Mental Health</b>
	<b>1:45</b>	<b>Independent Living Outing/Identifying Triggers/Concentration &amp; Memory/Tools for Success</b>

**November 2017** calendarloverload.com

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

NOTES: \_\_\_\_\_  
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Free Printable Calendar: <http://calendarloverload.com>

<b>Wednesday Groups</b>	<b>9:30</b>	<b>Orientation / Personality Disorders/Managing Anxiety/Managing Pain Support Group/Adult Basic Education/Meditation</b>
	<b>10:15</b>	<b>Orientation / Anger Management/Self Improvement/Women's Group/Adult Basic Education</b>
	<b>11:15</b>	<b>Orientation / Grief &amp; Loss Support Group/Managing Mental Health Symptoms/Food for Thought</b>
	<b>12:45</b>	<b>Volunteer Work Skills/Assertiveness Practice/Cultural Awareness/Interactive Story Telling Game/Smoking Cessation</b>
	<b>1:45</b>	<b>Road to Recovery/Emotion Identification/Interactive Story Telling Game</b>

<b>Thursday Groups</b>	<b>9:30</b>	<b>Orientation / Musical Notes/Psychosis Support Group/Art/Morning Stretch</b>
	<b>10:15</b>	<b>Orientation / Drug &amp; Alcohol Support/Managing Chronic Pain/Safe Space/Art/Worksheets to Work (Closed)</b>
	<b>11:15</b>	<b>Orientation / Interpersonal Effectiveness/Well Rounded Life/Worksheets to Work (Closed)</b>
	<b>12:45</b>	<b>Depression Education/Mental Health &amp; the Brain/DSM Education/Creative Expressions</b>
	<b>1:45</b>	<b>Addiction Topics/Communication 101/Meditation Mental Health/Creative Expressions</b>

<b>Friday Groups</b>	<b>9:30</b>	<b>Orientation / Reflections of History / Upkeep Team / Mind Over Mood / Meditation / Trivia</b>
	<b>10:15</b>	<b>Orientation / Current Events / Domestic Violence Support / Bipolar Recovery</b>
	<b>11:15</b>	<b>In Your Dreams / Bingo-Trivia / Stress Management</b>
	<b>12:45</b>	<b>Group Games / Movie / Know Your Diagnosis / Special Events Group / Relapse Prevention / Art Journaling</b>
	<b>1:45</b>	<b>Group Games / Weekend Planning / Movie / Special Events Group</b>