

# May 2017

Leavenworth DRP Schedule



DRP Doors open at 8 a.m.

Group Times:

8:00-Doors Open	11:15-Group 3
8:30-9:00-Breakfast	12-12:10-Lunch Mtg
9-9:20-Team Mtgs	12:10-12:45-Lunch
9:20-9:30-Break	12:45-Group 4
9:30-Group 1	1:30-Break
10:00-Break	1:45-Group 5
10:15-Group 2	2:30-Linger Longer
11:00-Break	3:00-Program Ends

Monthly Events:

Monday, May 1st - May Day  
 Friday, May 5th - Cinco de Mayo  
 Sunday, May 14th - Mother's Day  
 Saturday, May 20th - Armed Forces Day  
**Monday, May 29th - Memorial Day**  
*All Programs/Offices-closed*

**May 2017**

calendardownload.com

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

<b>Monday Groups</b>	<b>9:30</b>	Orientation / Medication Education / Anger Management / Crafts / Dual Recovery / Morning Warm-up
	<b>10:15</b>	Orientation / Grief and Loss / Stress Management / Crafts / Health and Wellness
	<b>11:15</b>	Orientation / Anxiety Disorders 101/ Boundaries / Addiction Topics / Self-esteem and Health
	<b>12:45</b>	Tools for Recovery / Events Group / Mental Health Coping Skills
	<b>1:45</b>	40 Plus / Events Group / Mental Health Topics / AA Support Group

<b>Tuesday Groups</b>	<b>9:30</b>	Orientation / Life Stories / Are You Addicted ? / Let's Crochet! / Tobacco Talk / Trivia
	<b>10:15</b>	Orientation / Anxiety- Symptom Management / Program Navigation / Wellness Management & Recovery (closed)
	<b>11:15</b>	Orientation / Wellness Management & Recovery (closed) / Schizophrenia/ Schizo affective / Exercise
	<b>12:45</b>	Concentration & Memory / PTSD Education / Mindfulness Thru Depression
	<b>1:45</b>	Identifying Triggers / Equipped for Success

<b>Wednesday Groups</b>	<b>9:30</b>	Orientation / On the Fence / New to CA / Personality Disorders / Morning Warm-up / Adult Basic Education / Meditation
	<b>10:15</b>	Orientation / Self Improvement / Women's Group / Adult Basic Education / Men's Group
	<b>11:15</b>	Orientation / Forgiveness / Mental Health Quizbowl / Walking Group
	<b>12:45</b>	Reflections in Journaling / Volunteer / Work Skills / Road to Recovery / Cultural Awareness / Interactive Story Telling Game
	<b>1:45</b>	Are You Serious? / Emotion Identification / Interactive Story Telling Game / Food & Mood

<b>Thursday Groups</b>	<b>9:30</b>	Orientation / Morning Stretch / Musical Notes / Relapse Prevention / Art
	<b>10:15</b>	Orientation / Creative Expressions / Drug & Alcohol Support / Safe Space / Managing Chronic Pain / Art
	<b>11:15</b>	Orientation / Sex Education / Interpersonal Effectiveness / Diabetes Support / Computer s 101 / Creative Writing
	<b>12:45</b>	Depression Education / WMR Study Hall / Independent Living / Nutrition 101
	<b>1:45</b>	Childhood Mental Health Disorders / Anger Management / Meditation / Rotation Topics

<b>Friday Groups</b>	<b>9:30</b>	Orientation / Upkeep Team / Communication Skills / Know Your Diagnosis / Trivia
	<b>10:15</b>	Orientation / Mind Over Mood / Independent Living Outing / Current Events / Meditation / Worksheets to Work (closed)
	<b>11:15</b>	Independent Living Outing / Domestic Violence Support / Recovery Maintenance / Food for Thought / Worksheets to Work (closed)
	<b>12:45</b>	Group Games / Bi-Polar Recovery / Movie / Food for Thought / Dual Recovery
	<b>1:45</b>	Managing Mental Health Symptoms / Group Games / Movie / Food for Thought / Walking Group